

Choose 1	Communication (Core)
Choose 1	Creative Arts
PSYC 2301	General Psychology
Choose 1	American History (Core)
Choose 1	Integrative & Experiential Learning
UNIV 1301	Learning Framework
Choose 1	Communication (Core)
Choose 1	American History
Choose 1	Mathematics
PHIL 1310	Ethics, Happiness, and the Good Life
Choose 1	Free Elective # 1

Choose 1	Integrative & Experiential Learning
REHS 2301	Introduction to Rehabilitation
Choose 1	Life & Physical Science # 1
Choose 1	Free Elective # 2
Choose 1	Government/Political Science (Core)
Choose 1	Life & Physical Science # 2
REHS 2321	Introduction to Addiction Studies
REHS 2331	Psychology of Disability
Choose 1	Government/Political Science (Core)
Choose 1	Free Elective # 3

REHS 4301	Assessment in Human Services
REHS 3325	Medical Aspects of Disability I
REHS 3303	Case Management I
REHS 3340	Intermediate Aspects of Addiction Studies
Choose 1	Free Elective # 4
REHS 3350	Prevention of Addictive Behaviors
REHS 3330	Medical Aspects of Disability II
REHS 4310	Rehabilitation Research
REHS 4360	Assistive Technology in Rehabilitation
REHS 3311	Disability Policy and Advocacy

PSYC 4313	Abnormal Psychology
REHS 4302	Job Placement
REHS 4330	Practicum I
REHS 4303	Case Management II
Choose 1	Free Elective # 5
REHS 4345	Culture and Family in Addiction Studies
REHS 4602	Practicum II
REHS 4340	Clinical Issues in Addiction Studies
Choose 1	Free Elective # 6

FIRST YEAR

SECOND YEAR

THIRD YEAR

FOURTH YEAR

Additional Info

- REHS 2321: Intro to Addiction Studies is prerequisite for all upper level addiction courses
- REHS 3303: Case Management I must be passed with a "C" or better
- REHS 4330: Practicum I must be passed with a "C" or better – REHS 4330 must be taken prior to REHS 4602. This course requires program approval – must be advised by program faculty
- REHS 4602: Practicum II must be taken final semester of program (study). This courses requires program approval- must be advised by program faculty
- Upper level PSYC courses require prerequisite of PSCY 2301: General Psychology
- This course is recommended – will also meet General Ed CORE requirements
- REHS 3350: Prevention of Addictive Behaviors is only offered in spring term
- Program requires a GPA of 2.4 or better

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UTRioGrandeValley

BLUE PRINT

REHABILITATION SERVICES (BS)  
 ADDICTION STUDIES  
 Catalog: 2017-18  
 COLLEGE OF HEALTH AFFAIRS

Degree Info

The field of rehabilitation is dedicated to assisting individuals, primarily adults, with disabilities to live full and independent lives. Graduates of the B.S. program are prepared to enter a wide-range of entry-level careers in rehabilitative and human services. Graduates are also prepared academically to continue into graduate studies in rehabilitation counseling and other related majors. The undergraduate degree places special emphasis in hands-on, experiential learning which is integrated into all course work. The educational experience culminates in a 360 hour practicum in an approved community setting.

In the Addictions concentration, students are further trained in addictive behaviors with a focus on substance abuse. Curriculum is designed to meet the educational requirements for the state of Texas Licensed Chemical Dependency Counselor designation; graduates are encouraged to obtain this licensure.

# BLUEPRINT EXPERIENCES

## FIRST YEAR

## SECOND YEAR

## THIRD YEAR

## FOURTH YEAR AND BEYOND

### MILESTONES

- UTRGV has a Writing Center and a Learning Center. Make it a point to visit them!
- Complete your core English classes (section 010) during your first year.
- Complete 30 credit hours every year in order to graduate in 4 years.
- Shoot for a GPA of 2.4 or better.
- Take required MATH in your first year.

- Shoot for a GPA of 2.4 or better.
- Complete major foundation classes. .
- Complete 30 credit hours.

- Shoot for a GPA of 2.4 or better.
- Complete 30 credit hours.
- Have you landed an internship or acquired research experience? This is the year to make it happen.

- Shoot for a GPA of 2.4 or better.
- "I have a plan for after graduation." If this describes you, great! If not, visit your Faculty Advisor or Career Center!
- Register for your Capstone/senior/portfolio project.
- Complete at least 30 credit hours to graduate.
- Submit your application(s) for graduate school, an apprenticeship, or for fulltime employment.

### ADVICE & SUPPORT

- Meet with your academic advisor and bring your orientation folder with you to every session!
- Choose a major with confidence- Visit my.UTRGV.edu and check out Kuder Journey.
- Visit a faculty member during their office hours and ask a question about class.
- Classes fill up fast. When registration opens, be sure to register on the first day for your group.
- Cold or flu getting you down? We have Student Health Services on campus with free office visits.

- Want to explore different careers? Check out Kuder Journey!
- Come ready with course suggestions and questions when you visit your academic advisor.
- Visit the Communication Hauser Lab for help with your speeches.
- Trouble making your tuition payment? The Financial Aid Office can help. Payment plans and emergency loans are also available

- Seek out research opportunities within your major and join a professional organization.
- Check DegreeWorks to make sure you are on track for graduation next year.
- Apply for internship and/or job shadowing opportunities. Discuss this with your advisor, faculty mentor, or Career Center.

- Engage in an independent study project or an academic internship to complement your major.
- Discuss future plans with your faculty mentor or advisor that includes employment, finances, and other life goals.
- Apply for graduation one semester prior to your anticipated date. Visit the Academic Advising Center to ensure you are on track.

### APPLY WHAT YOU LEARN

- Look for a service-learning course! For guidance, visit Engaged Scholarship & Learning Office.
- Participate in a campus-sponsored community service project.
- Ask a student in class to study with you.

- To find undergraduate research opportunities, visit the Engaged Scholarship & Learning Office.
- Consider attending the LeaderShape Institute or attend the Engaged Scholar Symposium.

- Go show off your research, service-learning or creative works at the Engaged Scholar Symposium!
- Sharpen your writing skills! Visit the Writing Center or become the secretary for your organization.

- Continue to present research or creative works at the Engaged Scholar Symposium.
- Set up an informational interview with an individual (especially an alumnus) currently in the field you aspire to work in.

### GLOBAL, CAMPUS & COMMUNITY ENGAGEMENT

- Set up your profile on the Engagement Zone through My.UTRGV.edu.
- Attend a diversity based campus or community event (e.g. MLK Day of Service).
- Attend a departmental program. .
- Join a student organization! Consider looking into Deaf Rehab Club or DEAF Foundation or visit VLink (utrgv.edu/vlink) for options.

- Look at study abroad opportunities! Consider going to the United Kingdom; Scotland & London.
- Check out a cultural campus or community event such as HESTEC or FESTIBA.
- Join another student organization. Visit VLink for options.
- Check out a campus event that offers free lunch- bring a friend!

- Consider serving on a campus life/community committee or become a student leader and make a difference. Visit VLink or speak with your Student Government Association for more information!
- Travel the world! Look into study abroad opportunities at Office for International Programs & Partnerships.

- Identify employers of interest and seek them out at job fairs, online, at on-campus information sessions, staffing agencies, etc. The Career Center can help.
- Before a job interview, schedule a mock interview with the Career Center or speech coaching with the Communication Hauser Lab.

### LIFE AFTER GRADUATION

- Create a résumé and set up your profile on the Career Connection icon: (My.UTRGV.edu).
- Got summer plans? Visit Career Center and ask about places to do some job shadowing.
- Research shows that students who work on campus perform better than those who work off campus. Look for a job on the Career Center portal!
- Check your UTRGV email for the daily Messenger- locate and attend one student workshop.

- Update your resume in Career Connection and have it reviewed.
- Visit the Career Center site to find a job fair to attend. At the event, approach a recruiter and discuss internships.
- Explain to someone how your academic program aligns with your strengths and interests.

- Check out the [utrgv.edu/rehab-counseling](http://utrgv.edu/rehab-counseling) department website for postings on career/graduate school.
- Think about three people you can ask for letters of recommendation (professors, mentors, advisors, supervisors, etc.). Give them at least two weeks' advance notice!
- When is the deadline for your graduate school application? Visiting the program admissions webpage. Most do not accept late applicants!

- Have you received your acceptance for graduate school or an employment offer? If not, network: talk to faculty, the Career Center, and get on LinkedIn.
- Formulate and implement a strategy for life after graduation: attend career fairs, graduate fairs, apply to fellowships, etc.
- Update your information with Alumni Relations. Enjoy alumni mixers, events and continued access to Career Center services!
- Remember to do your exit loan counseling on [studentloans.gov](http://studentloans.gov).

## CAREERS

- Counseling
- Case Management
- Residential Management
- Outpatient Management
- Transportation
- Program Development and Evaluation
- Assessment
- Spiritual Advising
- Therapeutic Recreation
- Alcohol/drug treatment and rehabilitation centers
- Employee Assistance Programs (EAP)
- Hospitals
- Community mental health centers
- Local, state, and federal government:
  - Department of Social Services
  - Department of Veterans Affairs
  - Correctional facilities
  - Juvenile detention facilities
  - Probation services
- Adoption agencies
- Foster care organizations
- Day care centers and Head Start programs
- Recreational facilities (e.g., YMCA or YWCA)

For additional info, visit the [Career Center website](http://www.utrgv.edu/careercenter) and check out "What Can I Do With This Major?" [www.utrgv.edu/careercenter](http://www.utrgv.edu/careercenter)